



Way to play

PARKS, TRAILS AND RECREATION NEWSLETTER

SUMMER 2010

The Fieldhouse Amenities Make a Splash

Free, cool and open describes Basin Recreations' latest attraction. The playful Splash Pad installed in front of The Fieldhouse in late June, offers a refreshing summertime venue for District families.

The Snyderville Basin Recreation District with help from a matching RAP tax grant funded the Splash Pad and installation. The Utah Legislature established the 1/10 of 1% sales tax (RAP) in 1996 to fund development of recreational facilities, art and cultural programs in communities and schools. The Recreation District has been the recipient of previous RAP grant awards.

"Although we encountered a few hurdles, completing the project this summer under budget was very gratifying," says District Director, Rena Jordan. "One of the big advantages of locating the Splash Pad outside at The Fieldhouse is that we believe the new feature will increase patronage during summer months when the indoor facility is generally slower."

The District Board agreed to upgrade the Pad's mechanical system with an ultra violet (UV) sani-



Photo by Matt Strader

Abby Hanton discovers the new Splash Pad at The Fieldhouse.

tizing system that eliminates the cryptosporidium parasite responsible for swimming facility closures in recent years.

Boulders selectively placed around the new water park allow parents to sit and closely watch their children at play. To help reduce water use the system is only activated when a Splash Pad feature is stepped on. Another feature... the water is heated!

The Splash Pad is opened daily from 11 a.m. to 7 p.m. ☒



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Park City, Utah 84098

www.basinrecreation.org

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OUR PURPOSE

*Enhance the quality
of life.*

OUR MISSION

*To be the leader in
providing outstanding
and diverse parks,
trails and recreational
experiences in an
environmentally and
socially responsible way.*

as we grow

NEWS & EVENTS

The Fun Bus Runs Full of Fun Seekers

Basin Recreation's new Fun Bus is rockin' and rollin'. A colorful graphic "wrap" inscribed with *Ways to Play* introduces the bus that transports our campers and patrons to various activities. The 15 passenger van used by the Basin limited the growth of summer and teen programs year round.

The newly acquired Fun Bus seats up to 25 passengers and can better accommodate the expansion of summer camp programs and Teen Night. Participants in these programs travel to various locations throughout Summit County and Salt Lake City for different recreational activities. Basin Recreation has plans to



All aboard the Fun Bus.

Photo by Laura Mair

use the Fun Bus for family events including group trips to watch Real soccer games. ☒

Outdoor Summer Fun

Even though Basin Recreation's inaugural "Movies in the Park" series got off to a rainy start with attendees heading indoors to watch *Charlie and the Chocolate Factory*, the program promises to be a big hit this summer. Brian Hanton, Basin Recreation Program Supervisor initiated the Basin's first summer outdoor film series. "We have already had the opportunity to utilize the Open Air Cinema indoors, now we look forward to hosting more fun outdoors," he said.

The movies start at dusk on the second Saturday of each month and rotate throughout Basin Recreation



Photo by Brian Hanton

Rain makes an outdoor summer movie an inside event.

parks. Please visit our website at: basinrecreation.org for movie schedules and locations. ☒

Camps Galore

Basin Recreation hit the ground running with the start of summer camps beginning the week after school was out. The week-long camps form the hub of Basin Recreation's summer program schedule.

More than 50 children signed up for the Summer Blast camp which is an all-inclusive activity camp. Participants enjoy everything from swimming to arts and crafts. The new Teen Adventure camp tries to focus on the interests for a specific age group (11-15 year olds).

Activities like rock climbing and river rafting are geared to getting kids off-site every day.

Sports camps are Basin Recreation favorites. More than 30 children enrolled for basketball camp and volleyball camps and continue to be filled along with tennis and soccer.

For youth interested in polishing their two-step, Basin Recreation offers "You Think You Can Dance" camp as well as Teen Mountain Biking, which Brian Hanton, Basin Recreation Program Supervisor, says "was huge for us!" ☒

Locals Celebrate National Trails Day and Help Build a Trail

Basin residents gathered on National Trails Day with Senta Beyer, Basin Recreation's Trails Department Manager to finish building the Bad Apple Trail. A primary access point, the Bad Apple Trail ties into the Glenwild and Flying Dog trail system off the East Canyon Creek corridor. "This is a very popular system in the spring and early summer," says Beyer "because the upper elevation trails are still covered in snow."

More than 80 people showed up to celebrate the 10th annual National Trails Day, which takes place nation-wide the first Saturday in June. Every year Beyer and her Trails team select a trail work-day project for Trails Day. "We have a very loyal group who show up year after year. This year we had another great turn-out."

The new Bad Apple trail is a fast and flowy single track starting at the bridge behind Burt Brothers on Rasmussen Frontage Road. Adds Beyer, "This



Photo by Senta Beyer

Dedicated volunteers put the finishing touch on the Bad Apple Trail.

new section will also help eliminate congestion at the Spring Creek trail head." Trail head parking and an information kiosk with map is provided for trail users behind the Jeremy Ranch Elementary School. ☒

Trailside Skate Board Park is for Real!

This summer a new, multi-purpose skateboard park will bring hours of entertainment and skill development opportunities to boarders and Basin Recreation residents. The skateboard park is located in the roller hockey rink above the upper parking lot at Trailside Park.

Brian Hanton, Basin Recreation Manager thinks this latest amenity will liven up the park. "Local skaters had a lot of influence on the park's design," says Hanton. The final design was based on suggestions from the community and the findings from the 2006 Basin Recreation Needs Assessment.

"There are a wide variety of different features that makes this park unique," adds Hanton. Referred to

as a "street-scape" the park replicates favorite features of skateboard parks from around the world. The Trailside Skate Board Park provides learning areas for those new to the sport and challenging terrain for experts. The park will be open through early fall during daylight hours. ☒



Photo by Laura Mair

Basin boarder catches summer air.

Exciting Summer Fitness Classes

If you want to combine fun with fitness, Basin Recreation has plenty of offerings this summer. An expanded summer fitness program includes classes designed to burn calories, combine cardio, weights and explosive movement, as well as improve running stride and distance. Check out our Fitness Schedule under the Summer Happenings on page 4 for much more! ☒



Photo by Nectia Emery

Burning calories in the Circuit Training class.



OUR VALUES

We act with integrity.

We are accountable and make things happen.

We have passion for what we do.

We embrace continuous learning and change.

We communicate openly, honestly and directly.

We care about others and treat them respectfully.

We operate as a team!

Summer happenings

PROGRAM AND ACTIVITIES SCHEDULE

The Fieldhouse 435-655-0999

HOURS AND FEES

Monday – Friday: 5:30 AM to 10:00 PM
Saturday & Sunday: 7:00 AM to 9:00 PM
Splashpad: 11:00 AM to 7:00 PM

AMENITIES

- Fitness Room with new “Nautilus One” equipment
- Cardio Equipment: Precor Treadmills, Ellipticals, Up-Right & Recumbent Stationary Bikes, Stairmaster, Tread Climber, Schwinn Spin Bikes
- Free Weights and Dumbbells
- Olympic Platform Lifting Area
- Two-lane Running/Walking Track – 1/9th of a mile
- Stretching & Core Areas
- Boxing Area with Heavy and Speed Bags and a Double Ended Bag

FACILITY MONTHLY PASS

	SINGLE + CLASSES		COUPLE + CLASSES	
1 Month	\$33 + \$20	\$53	\$60 + \$35	\$95
3 Month	\$99 + \$40	\$139	\$180 + \$70	\$250
6 Month	\$175 + \$70	\$245	\$300 + \$120	\$420
12 Month	\$330 + \$100	\$430	\$550 + \$180	\$730

FACILITY PUNCH PASSES

	YOUTH (4-16)	ADULT (17-59)	SENIOR (60+)
10 Punch	\$28	\$44	\$28
20 Punch	\$44	\$77	\$44

FITNESS CLASSES ONLY

Drop-In Fitness Class	\$6
10 Punch “Fitness Classes Only”	\$50
10 Punch “Senior Fitness Class Only”	\$25

SENIOR MONTHLY FACILITY PASSES (60+)

	SINGLE	COUPLE
1 Month	\$28	\$44
3 Month	\$84	\$132
6 Month	\$150	\$250
12 Month	\$264	\$440

Group Fitness

Basin Recreation features 26 drop-in fitness classes each week! Our group exercises offer you new and exciting ways to get totally fit and challenge your body. Each fitness class will help enhance your health, and boost your energy! Certified instructors with outstanding experience and abilities teach all of our group fitness classes. Our custom designed workouts are unpredictable, engaging and most importantly fun! Basin Recreation gives you access to an assortment of fun and results-oriented Group Exercises that cover all the essentials of total fitness. Its time to switch up your everyday workout routine and get in shape! Basin Recreation is currently providing the following classes at The Fieldhouse and Trailside Locations:

Group Cycling Classes

This class is a great cardio workout set to music with an instructor leading you on a great stationary bike ride. Classes will be held in the southeast corner of the track looking at the beautiful views on our Schwinn bikes. Make sure to bring a small sweat towel and a full water bottle!

Monday, Wednesday, Friday, Saturday at 8:00am
Tuesday, Thursday at 6:00pm • Fieldhouse Group Cycle Area

Circuit Training

This class is designed for maximum calorie burning! It will combine both weights and cardio. Class will be 50 minutes long and will include warm-up, circuit workout, and stretching. Sculpt and define every muscle group with the use of resistance bands, body bars, glide disks, and dumbbells.

Monday, Wednesday, Friday at 9:30am • Fieldhouse Fitness Area

Senior Fitness

Senior group exercise classes are appropriate for older adults who are fit and active as well as those who are sedentary, intimidated, unfamiliar with exercise, entering post-rehabilitation programs and ALL those who enjoy a positive, upbeat social environment.

Wednesday at 11:00am
Fieldhouse Fitness Area

A.M.P.

Agility, Muscle & Ployometrics. THE TOTAL BODY WORKOUT! Agility is the ability to rapidly change directions without the loss of speed, balance, or body control. Class will be combining these motions along with muscle endurance training and ployometrics.

Tuesday & Thursday at 6:00am • Fieldhouse Field Area

Cardio Step

Bringing back the classic! Nothing but step combinations in a cardio class that offers variety, intensity, and energy! You'll challenge your mind and body as you burn calories. The intensity of your workout will be determined by the speed, travel, and execution of your movements. Get steppin'!

Monday, Tuesday, Thursday at 8:30am
Fieldhouse Field Area

Silver Sneakers Muscular Strength and Range of Movement

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles, a Silver Sneakers ball are offered for resistance, and a chair is used for seated and/or standing support.

Monday, Wednesday, Friday at 11:00am
Fieldhouse

Sports Conditioning

This class is designed for safe training to help people learn speed, overload, power and plyometric drills, agility/balance, control and strength exercises. It will challenge you and prepare your muscles and your mind for all the fun spring/summer activities.

Tuesday & Thursday at 9:30am • Fieldhouse Field Area

Kid's Yoga

A yoga class for kid's ages 8-14. This class will be held outside at our Fieldhouse location. Class will help children develop better posture and flexibility. The teachers soothing tone will help students relax and become more comfortable and confident. Yoga has many physical and emotional benefits.

Monday at 4:15pm • Trailside Location

Learn2Run!

Improve your running stride and distance. Class will run anywhere from .5 to 2.5 miles and also incorporate agility and speed drills to prevent injuries and make you stronger. Stretching as well as core strengthening will be done at the end of each session. An adult should accompany children under the age of 10.

Tuesday & Thursday at 7:00am • Fieldhouse

Yoga (TSL)

Designed to enhance physical, emotional and mental health, the class offers a welcome place for all levels to experience new flexibility, strength, and inner harmony. Instructors will guide participants through asanas that will enable you to improve your overall health and fitness. Each class may vary based on the participants and the instructor.

Tuesday & Thursday at 7:00am • Fieldhouse

Zumba (TSL)

This class combines high energy and motivating music with unique moves and combinations. Zumba is a fusion of Latin and International music with dance themes that create a dynamic, exciting, and effective fitness system. “Don't try Zumba unless you plan on doing it for life!”

Tuesday, Thursday at 6:00pm, & Saturday at 9:30am
Trailside Location

Muscle Up (TSL)

A weight-lifting class using various equipment including weights, resistance bands, stability balls and more. Every muscle group is specifically targeted to help you transform your body into a fat burning machine!

Monday & Wednesday at 6:00pm • Trailside Location

ZumbaAtomic (TSL)

ZumbaAtomic is a fitness class for kids that combines high energy and motivating music with unique moves and combinations. ZumbaAtomic is a fusion of Latin and International music with dance themes that create a dynamic, exciting, and effective fitness system.

Tuesday & Thursday at 4:15pm • Trailside Location

Summer happenings

PROGRAM AND ACTIVITIES SCHEDULE

Youth Activities

Summer Camps

Basin Recreation offers a wide variety of week long summer camps on going until August 21st. Basketball, Soccer, Teen Adventure, Art, Mountain Biking, Tennis, and day camps are all waiting for you. Check them out and sign up today, Space Is Limited!!!!

Recreation Fall Soccer

A season of header, kicks and gooooooaaaaallssssss is just around the corner. Don't miss out on our Fall Recreation Soccer program for players 4 years old up to 9th grade. A focus on fundamentals and skill development in a league type format.

August 16th-October 9th

\$65 – Early Bird Discount ends July 17th

Weeknight games 5 & 6 or 6:30pm start times depending on league

Weekend games 9am-2pm start times

Basin and Park City fields

Youth Volleyball

Come and learn the game or improve on your skills in this instructional based format. Our experienced staff will take you through the fundamentals to improve your all around game.

September 7th-October 28th

\$50 for 3-5th grade, \$100 for 6-8th grade

Tuesday and Thursdays

Ecker Hill Middle School Gym

Little Dribblers

The excitement of the Hard Court is almost here...Little Dribblers youth basketball is a fundamental based league to help your players develop the skills of the game and introduce the game setting to the players. This league is for 4 year olds up to 2nd grade.

October 18th-December 4th

\$55 per player – Early Bird Deadline ends October 1st

Local school gyms

Trailside Skatepark

Come and check out the NEW Skatepark at Trailside Park!!! This new addition has some great street features with some ramps and half pipe. It is free to come and show off your skills but please follow the rules of the park so it can be enjoyed by all.

Youth Crew

Look for our Youth Crew to be back in action when school is back in session. We offer a once a month outing for 11-13 year olds to get out of the house and hang with some friends. Past events have been to Laser Tag, Hollywood Connections, A Bee's game and other fun events planned. Don't miss out on the fun!

Events

Splash Pad Grand Opening

Info to come for splash pad grand opening. Info to come for splash pad grand opening. Info to come for splash pad grand opening. Info to come for splash pad grand opening. Info to come for splash pad grand opening. Info to come for splash pad grand opening. Info to come for splash pad grand opening. Info to come for splash pad grand opening. Info to come for splash pad grand opening. Info to come for splash pad grand opening.

July 17th 11am-2pm

Movies in the Park

Bring back the old Drive in Days in a different way...park your blankets in the park and enjoy a movie outdoors. Movies will start at dusk, so exact time isn't possible. Just plan on a fun evening in the park.

August 14th

FREE

The Basin Recreation Fieldhouse Lawn

September 11th

FREE

Willow Creek Park

Guided Hikes

Always wondering where to hike next. Join us for our guided hikes that introduce the most popular trails to our hidden gems in our vast Basin Recreation Trail System. This is a "FREE" activity and a great way to see our trails and meet some new hiking partners.

2 times per month • All Ages

Free

On Basin Recreation Trail System

Kids Carnival

Come over to the Basin Recreation Fieldhouse and let the kids run wild. We will have our Bounce Houses up; Splash Pad will be running, games and other fun things to keep your kids busy. Parent supervision is a must but still a fun day for all.

July 17th 11am-2pm and August 14th 11am-2pm

FREE

The Basin Recreation Fieldhouse

UEA Camp

We will be offering our UEA camp for children in grades 1-6. The Camp includes sports, games, swimming and a lot of fun. Children need to bring a lunch, snacks, water bottle, swim suit, towel and gym type clothing.

October 14th & 15th

\$30 per day

Location TBA

Fieldhouse Summer Sports Camps

This camp is designed for 5-8 year old boys and girls by Nate Brown a K-5 PE teacher for the Park City School District. Children of all abilities are welcome to join and participate in a variety of daily activities that include soccer, football, baseball, fun games and bounce houses.

Aug 9th-13th – 9am-Noon

Aug 16th-20th – 9am-Noon

\$90 per week or \$25 per day

5-8 year old boys and girls

Youth NFL Flag Football

Don't want to play tackle? Join this fun, non contact flag football league for youth 1st-8th grade. All players will get a NFL jersey and flags and all games are indoors at the Fieldhouse.

Aug 23rd-Oct 9th – 1st-8th Grade

\$60 per player – Early Bird Deadline ends Aug 13th

Check website for days and times

Big Foot Soccer (Youth)

Don't put those cleats away yet! Join us for this fun 4 v 4 coed youth indoor soccer league at the Fieldhouse.

Oct 18th-Dec 11th – 3rd-9th Grade Boys & Girls

\$45 per player – Early Bird Deadline ends Oct 8th

Check website for days and times

Adult Fall Coed Soccer League (18 years & older)

Get ready for the snow outside and fast paced 7 v 7 coed soccer inside at the Fieldhouse. This league is an adult coed (4 male & 3 female) league on the indoor turf at the Fieldhouse.

Oct 28th-Dec 17th

\$450 per team

Thursday & Friday nights from 8pm-11pm

Adult Fall Flag Football League (18 years & older)

Get off the couch and get your friends together for this fun, fast paced 5 v 5 adult flag football passing league. All games are Sunday afternoons and indoors at the Fieldhouse.

Oct 17th-Dec 19th

\$450 per team

Sunday afternoons between 2pm - 7pm

18 & Over Drop-in Soccer

Show up and play! Space is limited to the first 49 players. Monthly passes also available see front desk staff for more information.

\$6 per person

Wednesday Nights from 9pm-11pm (Oct-Apr)

Sunday Nights from 7pm-9pm (Oct - Apr)

Over 30 Drop-in Soccer

Show up and play! Space is limited to the first 30 players. Monthly passes also available see front desk staff for more information.

\$6 per person

Monday Nights from 8pm-10pm (May-Sept)

Monday Nights from 9pm-11pm (Oct - Apr)

Director's Message

A Busy Time for Growth and Expansion

Basin Recreation is in the midst of its busiest time of year! Our staff conducts summer camps, opens our parks after a long winter, clears and improves trails, hosts community open houses and kid's carnivals. Additionally, we are opening a new Splashpad at The Fieldhouse and re-purposing the roller hockey rink into a street-style skate park. Added to this is the mundane but necessary task of completing the annual audit.

Fortunately, the District has a strong staff, a large return seasonal work force and a very committed Board to help us meet all of our goals.

This fall we will finish constructing the enhanced skills bike park and a new shade shelter at the top of Trailside Park. The District received partial funding for these major projects through the RAP (Recreation, Arts and Parks) grant funding. RAP also helped pay for completion of the Splashpad, and the new skate park. Restaurant Tax grants funded new portable bleachers, backcountry trail connections, The Fieldhouse flooring and infield improvements at the Ecker Hill complex. Without the complement of these funds, the District is limited in its ability to bring new and enhanced offerings to Basin residents.



Rena Jordan,
District Director

Our patrons are vocal and willingly provide accolades and constructive input regarding our facilities and services. An informal District survey, which was completed by more than 225 residents, helped the District Board gauge public priorities. Recently, the Summit County Council authorized a November election bond proposition for \$25,000,000 to fund the acquisition of recreational open space and trail system improvements. The Basin Open Space Advisory Committee (BOSAC), Utah Open Lands and Summit Land Conservancy identified many potential recreational open space opportunities, including several non-motorized transportation links and single-track trail expansion, which will further enhance the backcountry experience. I encourage Basin residents and District patrons to familiarize yourselves with the bond initiative as it relates to the District's mission statement, "To Enhance the Quality of Life."

All of us at the Snyderville Recreation District look forward to providing you with improved and expanded Ways to Play throughout the Basin this summer and beyond. ☒

did you know?

Did you know that Basin Recreation Parks crews are busy building shade shelters to protect Basin residents from the high altitude sun? At Trailside Park crews are constructing a 30' hexagon pavilion / shade shelter. The shelter will be located between the basketball courts and the new skateboard rink. Also, look for shade from two Poligon Sundial Shade canopies on the edge of the new Splash Pad at the Fieldhouse. ☒

Did you know that Basin Recreation wants to show you a different side of Park City and Snyderville Basin for FREE? Join us on our guided hikes and discover parts of Basin Recreation's vast trail network with a knowledgeable trail guide. Meet new people and get a healthy dose of fresh air while learning the ins and outs of trail etiquette. Please no strollers or dogs. ☒

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for the most current news!

www.basinercreation.org



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FACILITY HOURS
M – F 5:30 a.m. to 10 p.m.
Saturday & Sunday 7 a.m. to 9 p.m.



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